

SCHEDULE YOUR DETOX AND START ENJOYING THE BENEFITS

Staying at the Live the Life Lodge and Health Center is a statement about your personal inspiration and commitment to becoming a better version of you. It means participating in a community dedicated to eating better, exercising regularly and achieving the highest quality of life.

FIND THE RETREAT THAT IS RIGHT FOR YOU!

We offer a variety of packages so that you can choose the one that suits your needs best

- 1 Week Retreat (\$700)
- 1 Month Retreat (\$3,000)
- 3 Month Retreat (\$8,000)

Whether you are looking for a jump start into a new, healthy lifestyle, or a complete transformation, Live the Life will help you achieve your goals. Each retreat allows you to stay in a private room, take advantage of the on-site amenities, pick your own organic fruits and vegetables for your daily detoxifying juices and participate in our tours. In the end, you will look better and feel better inside and out.



KM 54.82 VIA CUENCA - GIRON PASAJE

Offices in Cuenca - Yunguilla - Puerto Lopez

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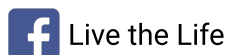
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Live the Life



The Lodge

LIVE THE LIFE

LODGE & HEALTH CENTER

"Pull More Weeds, Plant More Seeds"



"We are increasingly disconnected from nature, and in particular, from the sources of our food. Today, many of the foods that characterize a typical Western diet come from a global supply chain, which has produced devastating effects on our economy, our health, and the environment."

- Seeds of Change

START LIVING THE LIFE!

**ASK ABOUT OUR VOLUNTEER AND
EMPLOYMENT OPPORTUNITIES**

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WELCOME TO THE HEALTH CENTER

Tucked away in the long and winding terrain of the Yunguilla Valley, the Live the Life Lodge & Health Center has all the amenities and services needed to get healthy, clear your mind, and find your inner peace. With an emphasis on wellness and nutrition, we will show you how easy it can be to treat your body right with deliciously organic foods, adventurous exercise, and rejuvenating relaxation and help you transform into the person you've always wanted to be.



GET HEALTHY, STAY HEALTHY

OUR ORGANICALLY GROWN FOOD

Enjoy the many benefits that come with eating organically including a healthy heart, improved immune system, and increased energy. Your stay comes with 3 juice meals per day made from chemical free, naturally grown food picked directly from our farm. Reduce the risk of cancer, remove toxins from your body and lose weight all at once

NO CHEMICALS - NO SYNTHETIC FERTILIZERS - NO PESTICIDES - NO BPA - NO GMO'S

RECONNECT WITH NATURE

Exercise doesn't have to be boring. Explore the natural beauty of Ecuador by hiking through the Andes mountains and improve your health in the process. With tours and activities such as birdwatching, insect hunts, picking fresh vegetables from our farm or a visit to El Choro Falls, you will find that a healthier you is a happier you.

RELAX AND RECHARGE

Our top class amenities include:

- Private rooms to relax
- Breath-taking views
- Perfect Climate
- Pool & Jacuzzi
- Sauna
- Expansive gardens
- Horseshoe pits
- Fish ponds
- Volleyball courts
- Cooking & Juicing classes
- Information on new ideas to stay healthy

FEEL LIKE YOU HAVE NEVER FELT BEFORE

